|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Jour :** | **7** | **Parcours n°** | | **5** | **Bastelicaccia, Cauro, Col St Georges, Fraceto, Zévaco, Guitera les Bains, Cozzano, Ghisoni, Vivario, Col de Vizzavona, Bocognano, Taverra, Ucciani, Peri, Cuttoli Corticchiato, Pedi Morella, Mezzana, Effrico** |
| 123 | km | **D+** | 4100 | m |

